

# Childrens Occupational Therapy Service

## Advice Line

Occupational therapy (OT) enables children to participate in daily life. Daily life is made up of many activities (or occupations). Occupations for children or young people may include self-care, being productive (going to nursery or school) and leisure.

Occupational Therapists are problem solvers in unison with parents and teachers.



### What is our Advice Line?

If your child finds things tricky when participating in daily occupations at home or in school, you can use our telephone Advice Line to speak with an Occupational Therapist about it. This could be a questions about your child's self - care, leisure, productivity or play skills. Our Occupational Therapists will try and provide you with advice, strategies and tips to try at home or school or be referred to other appropriate support.

### When is this advice line open?

Every Wednesday 9am-12pm and Thursday 1pm -4pm.

### What is the advice line number?

07562 436633

Any further questions please email [whcnhs.paediatricot@nhs.net](mailto:whcnhs.paediatricot@nhs.net)

Please note, our Advice line is not for waiting list enquiries or to check whether a referral has been accepted, Thank you.